

# Horde Immunity.

Has the altered school schedule left you scrambling to feed the ravenous horde of always-hungry kids and teens who are suddenly home all the time? Good news – *we can help you feed your hungry horde!* Through June 30 all of our meals are FREE to all students and – get this -- available for convenient curbside pickup! Featuring delicious ready-to-eat food and heat-at-home meals, plus tons of fresh fruit, veggies, milk, and much more! When you take advantage of this free resource, you not only give your family “Horde Immunity,” but you also help our child nutrition program stay viable through this difficult time. See the details below and please join us Curbside!

**School Meals**  
We serve education every day™

**HAPPY NEW YEAR**

**MENUS FOR JANUARY 2021**

**Henry County Schools  
Remote Learners Menu**

This institution is an equal opportunity provider. Menus are subject to change.

## CURBSIDE CHOW

Always delicious. Always FREE for all students.  
Always prepared for your family with love.

**WHAT**

A nutritious variety of ready-to-eat and heat-at-home meals, plus fresh fruit, veggies, milk, and lots more

**WHEN**

Wednesdays 11am-1pm at your child's cluster school site (see school list below)

**WHERE**

Dutchtown High      Locust Grove High  
Hampton Middle      Eagles Landing Middle  
Luella High            McDonough Middle  
Ola High                Union Grove Middle  
Stockbrige Middle      Woodland High

**Wednesday, January 6**

**Breakfast**  
Sausage Biscuit

**Lunch**  
Chicken Nuggets w/ Roll  
Mashed Potatoes  
Broccoli Florets  
Fruit Cup

**Thursday, January 7**

**Breakfast**  
Breakfast Bun

**Lunch**  
Hot Dog  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Frozen Juice Cup

**Friday, January 8**

**Breakfast**  
Assorted Cereal

**Lunch**  
Stuffed Crust Pizza  
Garden Salad w/Ranch  
Whole Kernel Corn  
Fresh Fruit

**Monday, January 11**

**Breakfast**  
Blueberry Mini Pancakes

**Lunch**  
Crispito w/Salsa  
Pinto Beans  
Grape Tomatoes w/Ranch  
Fresh Fruit

**Tuesday, January 12**

**Breakfast**  
Frosted Breakfast Pastry

**Lunch**  
Deli Turkey Sandwich\* w/ Chips  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Fresh Fruit

**DON'T 4GET!**

**\*FOR STUDENTS LEARNING REMOTELY AT HOME, PARENTS WILL NEED TO PRE ORDER MEALS USING [MYSCHOOLBUCKS.COM](https://myschoolbucks.com) NO LATER THAN MONDAY 5PM BEFORE WEDNESDAY CURB SIDE PICK UP DATES. THIS IS TO ENSURE ADEQUATE MEALS ARE PREPARED. ALSO, KEEP YOUR FOOD COLD & REHEAT ACCORDING TO THE FOOD SAFETY TIPS PROVIDED.**

**Wednesday, January 13**

**Breakfast**  
Sausage Biscuit

**Lunch**  
Chicken Nuggets w/ Roll  
Mashed Potatoes  
Broccoli Florets  
Fruit Cup

**Thursday, January 14**

**Breakfast**  
Breakfast Bun

**Lunch**  
Hot Dog  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Frozen Juice Cup

**Friday, January 15**

**Breakfast**  
Assorted Cereal

**Lunch**  
Stuffed Crust Pizza  
Garden Salad w/Ranch  
Whole Kernel Corn  
Fresh Fruit



THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT.  
-MARTIN LUTHER KING, JR.

**Monday, January 18  
MLK Day  
No School Today**

**Tuesday, January 19**

**Breakfast**  
Frosted Breakfast Pastry

**Lunch**  
PB&J /Wow Sandwich\* w/ Chips  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Fresh Fruit

Wednesday, January 20

**Breakfast**  
Sausage Biscuit

**Lunch**  
Popcorn Chicken w/ Roll  
Mashed Potatoes  
Broccoli Florets  
Fresh Fruit

Thursday, January 21

**Breakfast**  
Breakfast Bun

**Lunch**  
Cheeseburger  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Frozen Juice Cup

Friday, January 22

**Breakfast**  
Assorted Cereal

**Lunch**  
Stuffed Crust Pizza  
Garden Salad w/Ranch  
Whole Kernel Corn  
Fresh Fruit

Monday, January 25

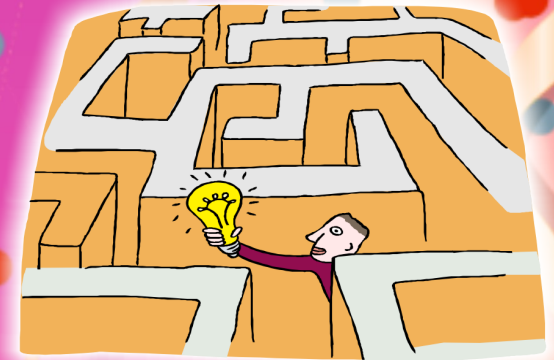
**Breakfast**  
Strawberry Mini Pancakes

**Lunch**  
MaxSnax Tacos  
w/ Salsa  
Black Beans,  
Grape Tomatoes w/ Ranch  
Fresh Fruit

Tuesday, January 26

**Breakfast**  
Frosted Breakfast Pastry

**Lunch**  
Deli Turkey Sandwich\* w/  
Chips  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Fresh Fruit



When you follow your inspiration,  
you almost always find your way.  
Good luck the rest of the year!

**OUR 50 STATES**



**ARIZONA**

"The Grand Canyon State"

Admitted to the Union February 14, 1912 as the 48th State

Wednesday, January 27

**Breakfast**  
Breakfast Pizza

**Lunch**  
Chicken Nuggets w/ Roll  
Mashed Potatoes  
Broccoli Florets  
Fruit Cup

Thursday, January 28

**Breakfast**  
Breakfast Bun

**Lunch**  
Corn Dog  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Frozen Juice Cup

Friday, January 29

**No School**

**Breakfast**  
Manager's Choice

**Lunch**  
Manager's Choice



**What's on YOUR plate?**



We're pretty happy to put 2020 where it belongs - in the rearview mirror. And for the sake of everyone's mental and physical well-being, let's hope 2021 is a year worth looking forward to!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!**

Monday, February 1

**Breakfast**  
Blueberry Mini Pancakes

**Lunch**  
Crispito w/Salsa  
Pinto Beans  
Grape Tomatoes w/ Ranch  
Fresh Fruit

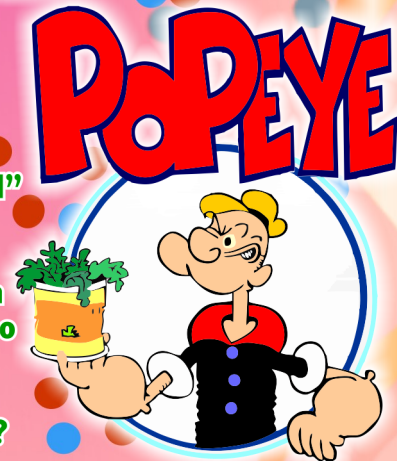
Tuesday, February 2

**Breakfast**  
Frosted Breakfast Pastry

**Lunch**  
PB&J /Wow Sandwich\* w/  
Chips  
Carrot Sticks w/Ranch  
Celery Sticks w/Ranch  
Fresh Fruit

**Q:**

Can you name the "super food" that gave Popeye his strength and was also the first vegetable sold frozen?



**A:**

It's SPINACH, of course! Spinach contains an incredible amount of protein for a veggie. Plus, it's off the charts for vitamins A and K, it's a good source of fiber, and it's loaded with disease-fighting "caratenoids." No wonder it made Popeye so strong!